He aha māu? What are you having?

He panana. A banana.

wai āporo / inu āporo apple juice

panana banana

tōhi toast

tīhi cheese

paināporo pineapple

kānga corn

tōmato tomato

āporo apple

huawhenua vegetable

taupoki pie (lid or topping)

rētehi lettuce

heihei chicken

poaka pork

poaka paoa ham

ika fish

parāoa bread

hanawiti sandwich

hēki egg