This is one version of this well-known waiata, urging the peoples of the Pacific to hold fast to independence and sovereignty. This is a good classroom and assembly song.

The letters are the first three vowels of the Māori alphabet. This waiata will aid pronunciation.

Identify and focus on the phrases that call people to attention and action, such as “Ngā iwi e” and “Kia mau rā”.

Have the students develop actions in groups and perform them to other groups.

*The song sheets for all waiata and haka are at the back of this book.*